

5-MINUTE RESET FOR HOMEMAKERS

REFRESH YOUR HOME IN 5 MINUTES

LIVING ROOM



- Open windows for fresh air.
- Clear coffee table or main surfaces.
- Straighten any clutter (toys, books, etc.).
- Wipe flat surfaces
- Fluff pillows and fold blankets.

KITCHEN



- Wipe down countertops.
- Load or unload the dishwasher.
- Clear the sink of dishes.
- Wipe down the stovetop.
- Sweep the floor (quick sweep or spot clean).

BATHROOM



- Wipe down the sink and faucet.
- Hang or straighten towels.
- Empty the trash can.
- Clear countertop clutter (toothbrushes, etc.).
- Quickly clean the mirror

BEDROOM



- Make the bed.
- Pick up any clothes.
- Straighten nightstands
- Put away any shoes or accessories.
- Tidy up dresser surfaces.

PERSONAL RESET



- Recite one Bible verse.
- Write one thing you're thankful for.
- Listen to or sing a hymn.
- Pray for a friend or family member
- Read your favorite Psalm

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